# St Bernards Buzz

### **Cat Friendly Clinic Accreditation**



Our super exciting news for this month is that we have achieved "Cat Friendly Clinic" accreditation through the program run by the International Society for Feline Medicine.

This means that as a clinic we have a passion for providing an environment that addresses the mental wellbeing of our feline patients and makes them as comfortable as possible when they visit us.

One of the initiatives that we have introduced is our "Kitty Klinic" which Dr Jenni runs on Tuesday morning. During this time we prioritise appointments for cats and aim to avoid having dogs in the waiting room at the same time.

As you can see by the photo, Herbert St Bernard (or Herbie for short) is very excited about our accreditation. Herbie is our current adoption kitten, and is looking for a furever home. He has an awesome personality and was named after Herbie the Lovebug, because he was covered in grease when he first came to the clinic.

#### **FREE Arthritis Checks**

Arthritis is a sneaky condition. It tends to creep up over time and our pets won't always show obvious signs until they are in considerable pain.

The disease is caused by the wearing down of the cartilage that covers the bones at the end of a joint. This 'cushioning' cartilage helps joints move freely and without discomfort but as it wears down, the ends of the bones become exposed and can rub together. You can imagine the pain this might cause your pet!

During the month of June we are offering FREE ARTHRITIS HEALTH CHECKS with our wonderful nurses. Often our pets hide their health problems from us, particularly cats, so the nurses have some checklists that they can run through with you to help assess your pet for arthritis. Managing arthritis makes a significant difference to our pet's quality of life, and there are many options available for arthritis management. Our nurses are able to go through the available options with you and discuss the best solution for your dog or cat.

Please call us on 8364 4545 to make an appointment for your FREE arthritis check

### **Exciting New Diets**

We are very excited that Hills have just launched Metabolic Plus prescription diet for dogs and cats.

The canine version is Metabolic + j/d and the feline version is Metabolic + c/d. For dogs, the Metabolic and j/d combination is designed to help address weight management issues and arthritis, which often go hand in hand with our older canines.

For cats, the Metabolic and c/d combination addresses the fact that many of our older cats struggle with weight issues as well as show urinary tract signs.

We are really excited about both of these diets as they address common combination problems that we see in our patients, and being able to feed one diet to address multiple health concerns is fantastic.





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# Patient of the Month



Herbie is such a cool cat! He was a stray kitten who was surrendered to us at St Bernard's Road Veterinary Clinic and because of his awesome personality he was put in the Cat Adoption Program.

Although he has always been a bright and happy kitty, he has had intermittent tummy problems and is a good example of how diet can make a huge difference when trying to settle down vomiting and diarrhoea. Initially he was vomiting frequently, probably because he suddenly had access to lots of high quality food, and he also had really soft faeces. Even though kittens should be fed on a kitten or growth diet, he was put onto Hills i/d diet and his vomiting and diarrhoea resolved. We also found that he would 'inhale' anything put in his food bowl, which would then trigger vomiting. By regulating the amount of food that he had access to we were also able to better manage his gastrointestinal disease. Transitioning him onto dry biscuits, rather than feeding wet food has also helped, as he can't eat the biscuits as quickly. Herbie is now back on track and hoping to find his furever family soon.

