

St Bernards Buzz

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Stay PAW -sitive

Stay Pawsitive

During this unprecedented time many of us are spending more time at home and our pets are there to walk, cuddle and play with – they are a positive distraction! For those who are working our pets are there when we return and also provide company, a listening ear, a walking partner and fundamentally a great de-stressor. We know this from first-hand experience! We won't lie – it certainly has been a tough time! But, we're not alone, we understand it's tough on everyone.



Million Paws Walk: Walk This May

In lieu of a public event, the RSPCA is excited to present 'Million Paws Walk: Walk This May' – your fun excuse to responsibly walk your dog and still raise money for animals in need. Think of it as your virtual Million Paws Walk!

Register at: million-pawswalk.com.au/SA/

A New Way

It surely comes as no surprise we have new operational protocols to ensure everyone's safety.

- When you arrive at the clinic for an appointment, or to pick up food or medication, please remain in your car and phone us on for further instructions. Knock on the door if you do not have your phone.
- Clients will NOT be allowed in the clinic.
- For consultations one of our vets will chat to you on the phone if needed. You will still get our quality veterinary care.
- Ideally payments will be made over the phone however we can take payment at your car or at the porch.

If you are unwell or in self isolation please call if you have concerns about your furry family members and we will let you know how we can help you.

Thank you for your understanding - we appreciate your help in keeping everyone healthy so we can continue to care for your family pets!



www.stbernardsvet.com.au



It's a Dog's/Cat's Life!

The Covid-19 pandemic is disrupting our routines and this affects our pets, in some good and not so good ways. To minimise their being upset by the disruptions we suggest the following: Pets daily lives should be kept as routine as possible.

- Continue their regular walking routine where safe to do so while enduring social distancing is maintained.
- Dogs can still gain the benefit of physical exercise and mental stimulation without leaving the house or yard through games such as fetch, chasing a toy or hide and seek.
- Pets on behaviour medications, as with any ongoing medication, should continue to be given to them as normal.



- Everyone needs a break from the people they live with at times and this includes pets. If you are home with your pets and children, remember to give your pets a break from the kids if the pet wants it. This may be a chance to lie in another room or have a rest outside. Make it a family rule that if the pets are on their bed (or another designated place) they are having a rest and must be left alone.

- If you find working at home difficult with your pet, consider restricting them from the room where you are working. A puzzle toy or device that rewards them with treats or a chewing item such as a bone may help settle them.

- While you are working at home, remember to take breaks - your pets are perfect at helping with that!