# St Bernards Buzz

#### **Discount Heartworm Tests**

40%
of positive diagnoses
were in dogs on monthly
heartworm prevention<sup>1</sup>

During the month of September we are offering a saving of more than 50% on Canine Heartworm Tests if you have a Proheart 12 month Heartworm Injection done at the same time. If your canine friend is not currently on heartworm prevention, or if you have struggled to keep it up to date then now is a great time to have a heartworm test and an annual injection.

Recent data shows that 40% of the dogs who test positive for Heartworm disease are on some form of monthly prevention. The yearly Proheart Heartworm injection ensures that you won't forget to treat your dog with monthly heartworm prevention and put them at risk of Heartworm disease.

There have been dogs in Adelaide recently who have tested positive for Heartworm disease - and remember that because it is transmitted by mosquitoes your dog doesn't have to leave your yard to be infected.

For more information about Heartworm disease visit our website—www.stbernardsvet.com.au

### Spring has Sprung...

September welcomes spring and is also parasite prevention month here at St Bernards Road clinic. We are passionate about ensuring all our community fur children are on the necessary heartworm, flea and worming preventions to keep them happy and healthy. Call our clinic today on behalf of your furry family and one of our nurses will let you know if you are all up to date.

We are very excited to welcome Amy to the St Bernard's family - she has worked in several veterinary clinics in Adelaide and is looking forward to getting to know all of our wonderful clients and patients.

We wish Michelle all the best as she embarks (with her fur-babies) on a sea change. She is moving to northern Western Australia to live by the ocean in a small country town. We hope that she has a safe journey and that there are lots of dolphins to watch when she arrives in her new home.

We hope that you all enjoy the beautiful spring weather, but don't forget that snakes are on the move and that barley grass seeds will soon be abundant.

Happy Birthday Lara xoxo

#### Can Cats get Asthma?

They certainly can and this life altering disease is very similar to asthma in humans.

The disease involves the small airways in the lungs over-reacting to the presence of a irritant or an allergen. This leads to an inflammatory response and an increase in mucus production. The reaction also results in contraction of the small muscles around the airways causing them to narrow. Both the mucous and the narrowed airway means a cat has difficulty breathing.



#### Signs to watch out for:

Persistent coughing or wheezing (often bouts of coughing) Laboured and/or fast breathing

Squatting with shoulders hunched, neck extended and rapid breathing or gasping for breath

Open mouthed breathing Lethargy and weakness

It is important to recognise that asthma can quickly become a lifethreatening situation, so any cat with a cough needs to be examined by us as soon as possible.



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## Patient of the Month



Maxine...

Maxine is one of our very special patients who has been spending some time with us lately.

She has been living with Hyperthyroid disease for the last year, but recently she started having breathing problems and it was found that she had a large amount of fluid in her chest.

After her chest was drained she had an echocardiogram and it was found that she had advanced heart disease. Unfortunately for Maxine, she has two different types of heart disease going on at the same time - she certainly is a clever cat! The left side of her heart is very soft and floppy (dilated cardiomyopathy) and not effectively pumping the blood around her body and the right side of her heart is very rigid and thickened (hypertrophic cardiomyopathy) which prevents the blood from filling the heart properly.

Generally cats are prone to hypertrophic cardiomyopathy, but not in association with dilated cardiomyopathy. We started her on some medication, and she has had some more fluid drained from her chest to help keep her comfortable.

Maxine has surprised us all with her attitude to life - she is such a delightful little angel

